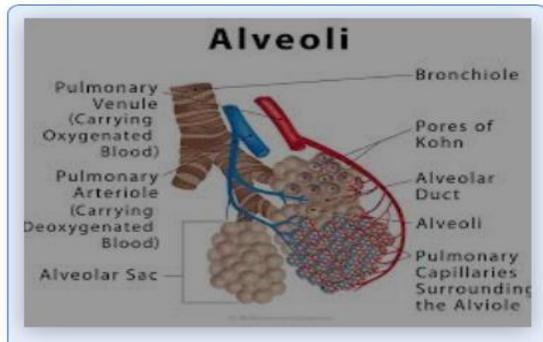


Ammanuel Church COVID 19 Updates Dec 10th, 2021

Health Department

Alveoli



we need to get many more **young adults and children vaccinated** so they can be protected. And there is emerging evidence that being fully vaccinated and boosted can protect you from the Omicron variant. There are more than 300 places throughout the city where folks can get their free first, second, and booster doses;

- **Greater Philadelphia Coronavirus Helpline: 1 (800) 722-7112.**
- **Health Department COVID Call Center: 215-685-5488.**

The Omicron variant has mutations that could make it spread more easily. Early research is showing that people who have had COVID-19 infection, but who **have not yet been vaccinated, might be at a greater danger** as the World Health Organization says that **Omicron causes more reinfections than previous COVID-19 variants.** Researchers around the world are working to see how vaccination affects this new strain.

The Health Department continues to strongly urge residents to get vaccinated and take precautions to reduce the spread of COVID-19. Based on existing evidence, it appears that the vaccines will maintain at least some degree of protection from Omicron, particularly for people who have had **booster shots.** **Masking and avoiding crowded indoor spaces** will be important over the next few weeks, both because cases are increasing in the Philadelphia area and because of concerns about this new variant.

- If you do go to public **indoor spaces such as shopping malls**, choose **less crowded times and** opt for malls and stores with mask requirements.

- **Consider double masking with a cloth mask over a paper mask for better protection, or choose a well-fitted N95 mask.**
- If you are not yet fully vaccinated or have not yet had your booster shot, make an appointment now. Call 215 685-5488 for assistance.

COVID-19 vaccination is one of the best ways to reduce your risk of severe disease and helps protect those around you who might not be vaccinated.

As the **holidays get underway**, health officials and experts say **COVID-19 testing will be crucial to managing the pandemic, even for those vaccinated.**

We're starting to see cases rise throughout the country. Pennsylvania is starting to see a real rise in cases. Testing is critical before and after gatherings and when you have symptoms.

Vaccination within 3 days: **21,896**

Fully Vaccinated = **1,026,146 (76 %)**

One dose = **1,297,756 (95 %)**

Hospitalized with COVID-19 are = **366 (195 last two-week, 242 last week)**

On Ventilator = **35**

COVID-19 tests back positives = **5 % (4.6 % last week)**

Positive with COVID 19/day = **463/day (last week was 242/day)**

Total positives during the Pandemic = **181,101**

Death from COVID 19 = **4,121 (4,095 last week)**

Booster = **181,101 (last week 146,911)**

5-11 years old vaccinated = **15.1% (last week 10.6 %) in Philadelphia**

I thought kids aren't getting sick from COVID-19.

25 hospitalizations per 100,000 per year in children between the ages of 5 to 11.

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Watch for ANY of the following symptoms of COVID-19:

- Fever or chills.
- Muscle or body aches.
- Headache.
- Sore throat.
- Congestion or runny nose.
- Fatigue.
- Nausea or vomiting.
- Diarrhea.
- New or persistent cough.
- New loss of taste or smell.
- Shortness of breath or difficulty breathing.

People with COVID-19 may **have no symptoms**. People with COVID-19 **can spread the disease to other people several days before they develop symptoms**.

-Please stay home if you feel sick or have a symptom

If you have had close contact with someone with COVID-19, **quarantine at home for 10 days**.

You may end quarantine after day 7 if you continue to be asymptomatic and receive a negative COVID-19 test 48 hours before you plan to end quarantine. After stopping quarantine, continue to **monitor symptoms until 14 days** after exposure.

If at any point you **develop symptoms of COVID-19 you should begin isolation**. Get tested if you can do so without coming into close contact with others. Take temperature measurement **101 degree F**

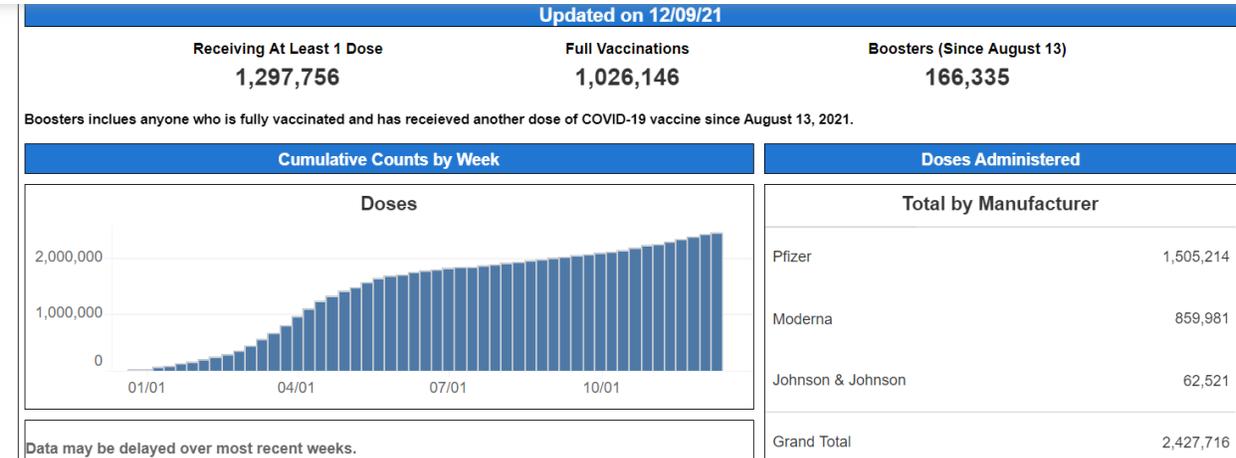
How you treat your self

- **Monoclonal antibodies against COVID-19 are a treatment given by infusion.**
- Most people who have had COVID-19 get better just by **resting, drinking fluids, and taking fever medicine like Tylenol/acetaminophen.**
- If you have trouble breathing, worsening cough, chest pain or pressure, new confusion, inability to wake or stay awake, or bluish lips or face, call your

doctor's office, go to an urgent care clinic, or go to an emergency department. Call first if you can, so they are expecting you.

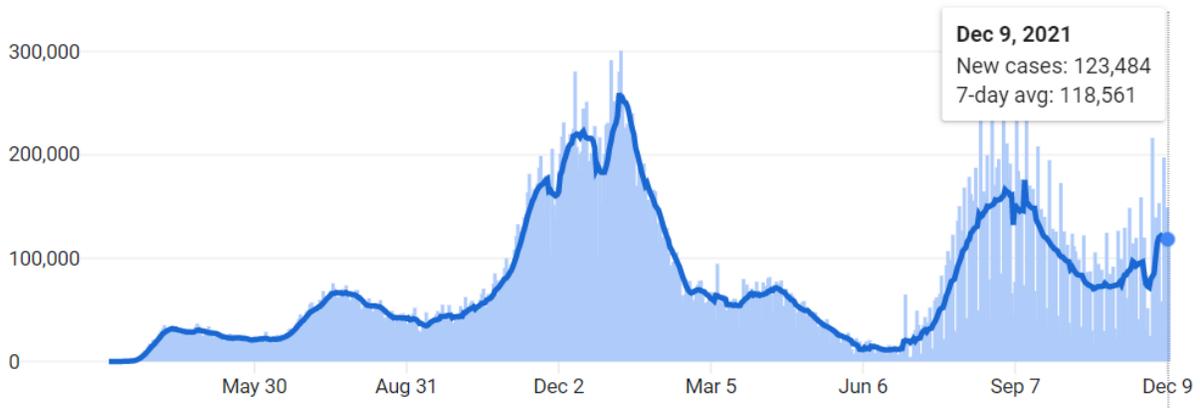
- There are several medications that have been found to improve outcomes in people with severe disease including **steroids and antiviral medications. These are given in the hospital.**

Please vaccinate (five years and above)



Hospitalized & Death unvaccinated people 99.2 % and 99.0%, respectfully

US COVID 19 Status



[U.S. COVID-19 vaccine tracker: See your state's progress - Mayo Clinic](#)

Vaccine Tracker

[U.S. Coronavirus Map: Tracking the Trends - Mayo Clinic](#)

Positive

[Frequently asked questions | Department of Public Health | City of Philadelphia](#)

If you have any **symptom**, please take a test and **Quarantine**.

END of COVID PRESENTATION