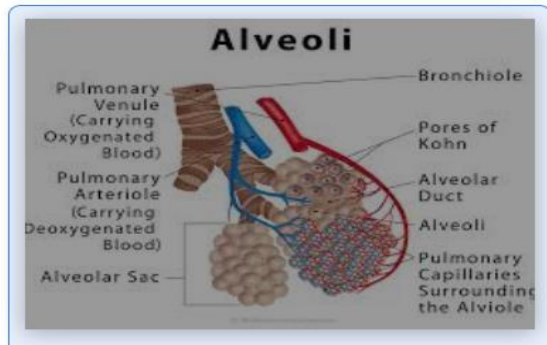


Ammanuel Church COVID 19 Updates Dec 24th, 2021

Health Department

Alveoli



With the omicron variant on the march, President Joe Biden plans to announce **500 million free rapid tests for Americans, increased support for hospitals under strain and a redoubling of vaccination and boosting efforts.**

Eight schools within the School District of Philadelphia are on a "pause" and have switched to virtual learning.

The spike in coronavirus infections has some Philadelphia restaurant and cafe owners again wrestling with the decision to close — a move that would idle workers counting on holiday paychecks and disappoint customers, as well as affect the businesses' bottom line. So far, only a fraction of restaurants in the region have closed after staffers test positive, mostly smaller establishments already stretched thin by personnel shortages.

Teachers at Philadelphia's largest high school staged a mass callout, causing school officials to switch to online learning, after a 17-year-old student's death from COVID-19.

we are seeing... across the world an uptick in cases, and we are being mindful of that," said Monica Lewis, a spokesperson for the school district.

Eagles and Fliers Game postponed because of many players tested positive for COVID 19. Now Eagles Coach tested positive our area Senator Chris Coons also tested positive. A lot of airlines canceled thousands of flights due to COVID

The Health Department Reminds Philadelphians to Avoid Indoor Christmas Gatherings: Health Commissioner Dr. Cheryl Bettigole recommended that people avoid holiday gatherings **due to the sharp rise in new COVID-19 cases**. Since that time, the number of new cases identified per day has only increased. That means it's even more important to avoid gathering **with other households on Christmas**. For people who will still be getting together, there are a number of things that can be done to reduce everyone's risk.

- First and most importantly, if someone **feels sick**, they should stay home and away from others. This is true even if a person cannot be tested or tests negative for COVID-19, as there are **a number of viruses circulating** that shouldn't be shared with others.
- If possible, everyone should get **tested for COVID-19 as close to the start of the gathering as possible**. This will help identify anyone who has become infectious but might not be showing symptoms of COVID-19.
- Try to **increase the ventilation** wherever you are gathering. **Open windows and doors or, ideally, hold the gathering outdoors**. Ventilation has been proven to significantly reduce one's risk of catching or spreading COVID
- Finally, pay attention to the number of people at your gathering, and who they are. If there are lots of people there or you're worried about the vaccine status of those people, it's okay to **leave early**.

We need to get many more **young adults and children vaccinated** so they can be protected. **Fully vaccinated and boosted** can protect you from the **Omicron variant**. More than **300 places** throughout the city to get free vaccines

- **Greater Philadelphia Coronavirus Helpline: 1 (800) 722-7112.**
- **Health Department COVID Call Center: 215-685-5488.**

The **Omicron variant has mutations that could make it spread more easily**. Who **have not yet been vaccinated, might be at a greater danger**. **Omicron causes more reinfections than previous COVID-19 variants**.

USA 75% (last week was USA >3%) are affected by Omicron

The Health Department continues to strongly urge residents to get vaccinated and take precautions to reduce the spread of COVID-19. Based on existing evidence, it appears that the vaccines will maintain at least some degree of protection from **Omicron**, particularly for people who have had **booster shots**. **Masking and avoiding crowded indoor spaces**.

- If you do go to public **indoor spaces such as shopping malls**, choose **less crowded times and** opt for malls and stores with mask requirements.
- **Consider double masking with a cloth mask over a paper mask for better protection, or choose a well-fitted N95 mask.**
- If you are not yet fully vaccinated or have not yet had your booster shot, make an appointment now. Call 215 685-5488 for assistance.

As the **holidays get underway**, health officials and experts say **COVID-19 testing will be crucial to managing the pandemic, even for those vaccinated.**

We're starting to see cases rise throughout the country. Pennsylvania is starting to see a real rise in cases. Testing is critical before and after gatherings and when you have symptoms.

Vaccination within 3 days: **25,553**

Fully Vaccinated = **1,045,504 (77 %)**

One dose = **1,3337,974 (97 %)**

Hospitalized with COVID-19 are = **422 (380 last week)**

On Ventilator = **46 (42 last week)**

COVID-19 tests back positives = **8.4 % (5.2 % last week)**

Positive with COVID 19/day = **746/day (last week was 510/day)**

Total positives during the Pandemic = **190,509 (last week 184,670)**

Death from COVID 19 = **4,192 (4,156 last week)**

Booster = **210,100 (last week 186,044)**

5-11 years old vaccinated = **22.4% (last week 19.1 %) in Philadelphia**

I thought kids aren't getting sick from COVID-19.

25 hospitalizations per 100,000 per year in children between the ages of 5-11.

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Watch for ANY of the following symptoms of COVID-19:

- Fever or chills.
- Muscle or body aches.
- Headache.
- Sore throat.
- Congestion or runny nose.
- Fatigue.
- Nausea or vomiting.
- Diarrhea.
- New or persistent cough.
- New loss of taste or smell.
- Shortness of breath or difficulty breathing.

People with COVID-19 may **have no symptoms**. People with COVID-19 **can spread the disease to other people several days before they develop symptoms**.

-Please stay home if you feel sick or have a symptom

If you have had close contact with someone with COVID-19, **quarantine at home for 10 days**.

You may end quarantine after day 7 if you continue to be asymptomatic and receive a negative COVID-19 test 48 hours before you plan to end quarantine. After stopping quarantine, continue to **monitor symptoms until 14 days** after exposure.

If at any point you **develop symptoms of COVID-19 you should begin isolation**. Get tested if you can do so without coming into close contact with others. Take temperature measurement **101 degree F**

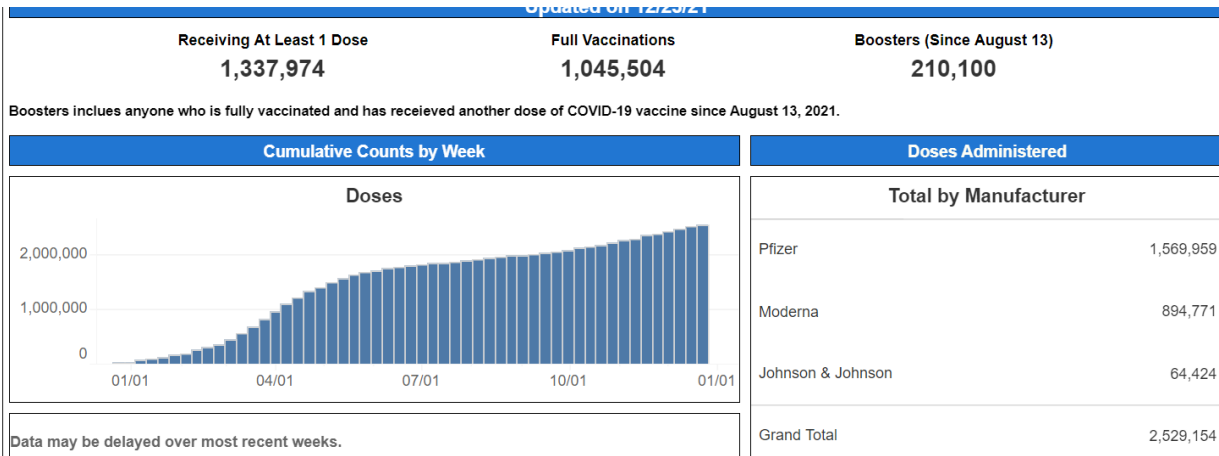
How you treat your self

- **Monoclonal antibodies against COVID-19 are a treatment given by infusion.**
- Most people who have had COVID-19 get better just by **resting, drinking fluids, and taking fever medicine like Tylenol/acetaminophen.**
- If you have trouble breathing, worsening cough, chest pain or pressure, new confusion, inability to wake or stay awake, or bluish lips or face, call your

doctor's office, go to an urgent care clinic, or go to an emergency department. Call first if you can, so they are expecting you.

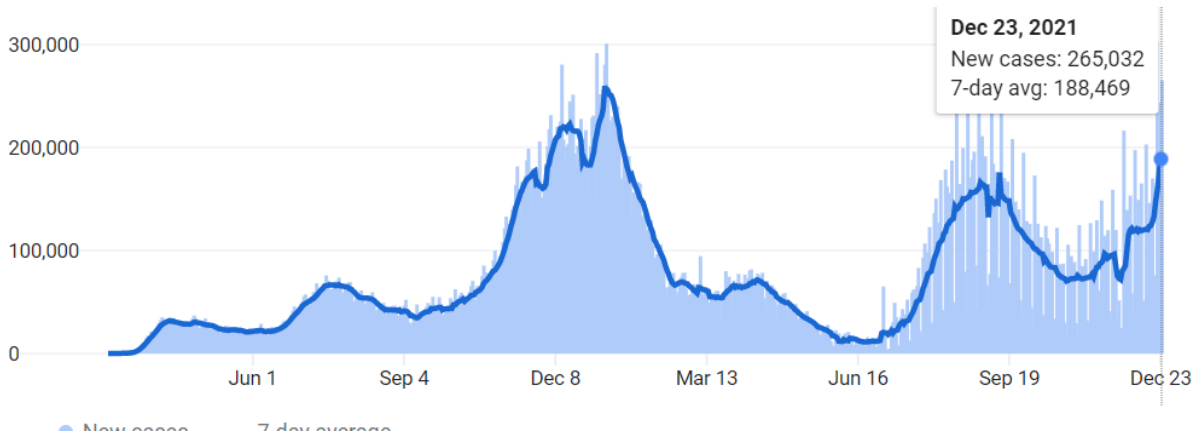
- There are several medications that have been found to improve outcomes in people with severe disease including **steroids and antiviral medications. These are given in the hospital.**

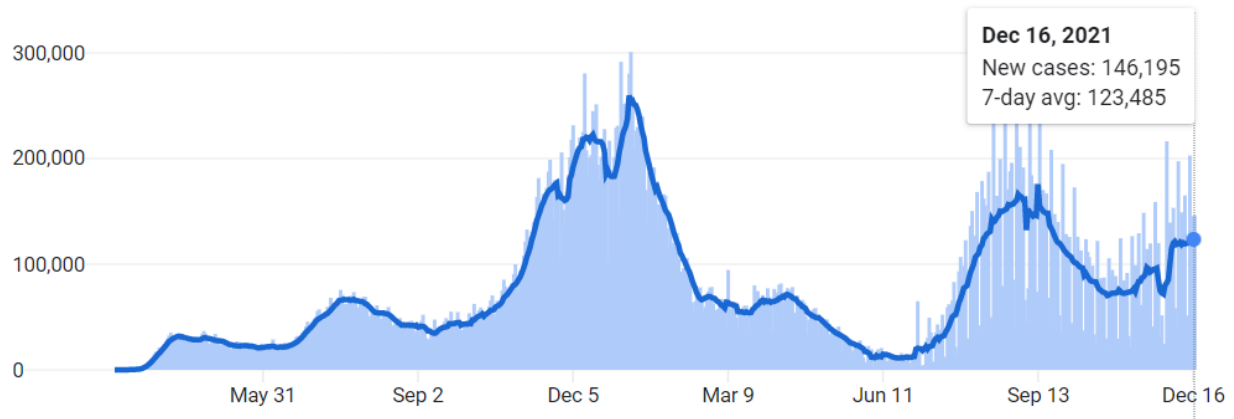
Please vaccinate (five years and above)



Hospitalized & Death unvaccinated people 99.2 % and 99.0%, respectfully

US COVID 19 Status





[U.S. COVID-19 vaccine tracker: See your state's progress - Mayo Clinic](#)

Vaccine Tracker

[U.S. Coronavirus Map: Tracking the Trends - Mayo Clinic](#)

Positive

[Frequently asked questions | Department of Public Health | City of Philadelphia](#)

If you have any **symptom**, please take a test and **Quarantine**.

END of COVID PRESENTATION