

Ammanuel Church COVID 19 Updates Dec 3rd, 2021

Health Department

75 percent of Philadelphia adults are fully vaccinated against COVID-19

Omicron Variant

Health Department Watching for COVID-19 Omicron Variant: Following reports that a COVID-19 variant called Omicron is spreading around the globe, the **Philadelphia Department of Public Health has been monitoring the situation** and working with the CDC to learn more about what to expect. *There have been NO cases of the Omicron variant identified in Philadelphia. 6 states including NY*

The **Omicron variant has mutations that could make it spread more easily.** Early research is showing that people who have had COVID-19 infection, but who **have not yet been vaccinated, might be at a greater danger** as the World Health Organization says that **Omicron causes more reinfections than previous COVID-19 variants.** Researchers around the world are working to see how vaccination affects this new strain.

The Health Department continues to strongly urge residents to get vaccinated and take precautions to reduce the spread of COVID-19. Based on existing evidence, it appears that the vaccines will maintain at least some degree of protection from Omicron, particularly for people who have had **booster shots.** **Masking and avoiding crowded indoor spaces** will be important over the next few weeks, both because cases are increasing in the Philadelphia area and because of concerns about this new variant.

- If you do go to public **indoor spaces such as shopping malls**, choose **less crowded times and** opt for malls and stores with mask requirements.
- **Consider double masking with a cloth mask over a paper mask for better protection, or choose a well-fitted N95 mask.**
- If you are not yet fully vaccinated or have not yet had your booster shot, make an appointment now. Call 215 685-5488 for assistance.

COVID-19 vaccination is one of the best ways to reduce your risk of severe disease and helps protect those around you who might not be vaccinated. The children in Head Start programs are currently too young to be vaccinated, so it has always been our recommendation to surround them with vaccinated people. **This is particularly important for children with medical conditions such as Down syndrome or asthma who are at higher risk for complications from COVID-19.** By making sure that staff, contractors, and volunteers are all fully vaccinated, we can **keep those children safe until a vaccine is available for them.** In addition, while all schools and early childhood education programs in Philadelphia require universal masking, we're happy to have that policy validated."

The Health Department has ordered tens of thousands of doses and will continue to order more to ensure that there is enough.

As the **holidays get underway**, health officials and experts say **COVID-19 testing will be crucial to managing the pandemic, even for those vaccinated.**

We're starting to see cases rise throughout the country. Pennsylvania is starting to see a real rise in cases. Testing is critical before and after gatherings and when you have symptoms.

Vaccination within 3 days: **20,496**

Fully Vaccinated = **1,014,076 (75 %)**

One dose = **1,280,702 (93.6 %)**

Hospitalized with COVID-19 are = **242 (195 last week)**

On Ventilator = **36 (23 last week)**

COVID-19 tests back positives = **4.6% (2.6 % last week)**

Positive with COVID 19/day = **242/day**

Total positives during the Pandemic = **177,203 (last week 174,401)**

Death from COVID 19 = **4,095 (4,063 last week)**

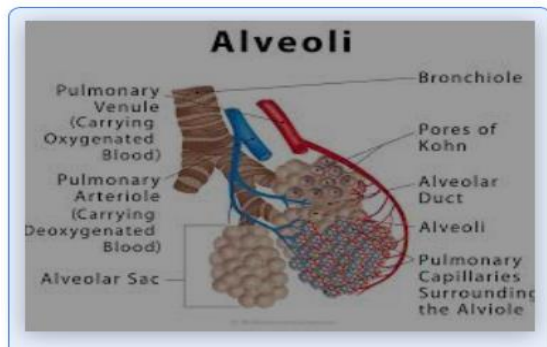
Booster = 146,911

5-11 years old vaccinated = 10.6 % in Philadelphia

I thought kids aren't getting sick from COVID-19.

In the most recent Delta wave this past summer, pediatric hospital admission rates were higher than they had been in any previous wave of the pandemic, reaching a rate of **25 hospitalizations per 100,000 per year in children between the ages of 5 to 11**. For the week ending October 28, 2021, **children were 24.2% of reported weekly COVID-19 cases** (children, under age 18, make up 22.2% of the US population), according to the [American Academy of Pediatrics](#). Getting kids 5-11 vaccinated now will help make sure fewer kids get sick from COVID-19!

Alveoli



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Watch for ANY of the following symptoms of COVID-19:

- Fever or chills.
- Muscle or body aches.
- Headache.
- Sore throat.
- Congestion or runny nose.
- Fatigue.
- Nausea or vomiting.
- Diarrhea.
- New or persistent cough.
- New loss of taste or smell.
- Shortness of breath or difficulty breathing.

People with COVID-19 may **have no symptoms**. People with COVID-19 **can spread the disease to other people several days before they develop symptoms**.

-Please stay home if you feel sick or have a symptom

If you have had close contact with someone with COVID-19, **quarantine at home for 10 days**.

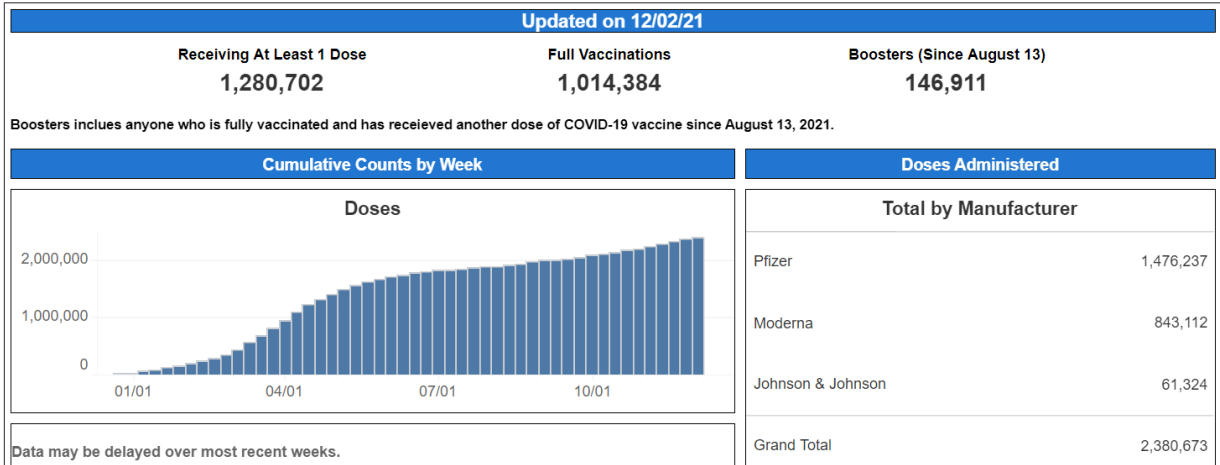
You may end quarantine after day 7 if you continue to be asymptomatic and receive a negative COVID-19 test 48 hours before you plan to end quarantine. After stopping quarantine, continue to **monitor symptoms until 14 days** after exposure.

If at any point you **develop symptoms of COVID-19 you should begin isolation**. Get tested if you can do so without coming into close contact with others. Take temperature measurement **101 degree F**

How you treat your self

- **Monoclonal antibodies against COVID-19 are a treatment given by infusion.**
- Most people who have had COVID-19 get better just by **resting, drinking fluids, and taking fever medicine like Tylenol/acetaminophen.**
- If you have trouble breathing, worsening cough, chest pain or pressure, new confusion, inability to wake or stay awake, or bluish lips or face, call your doctor's office, go to an urgent care clinic, or go to an emergency department. Call first if you can, so they are expecting you.
- There are several medications that have been found to improve outcomes in people with severe disease including steroids and antiviral medications. These are given in the hospital.

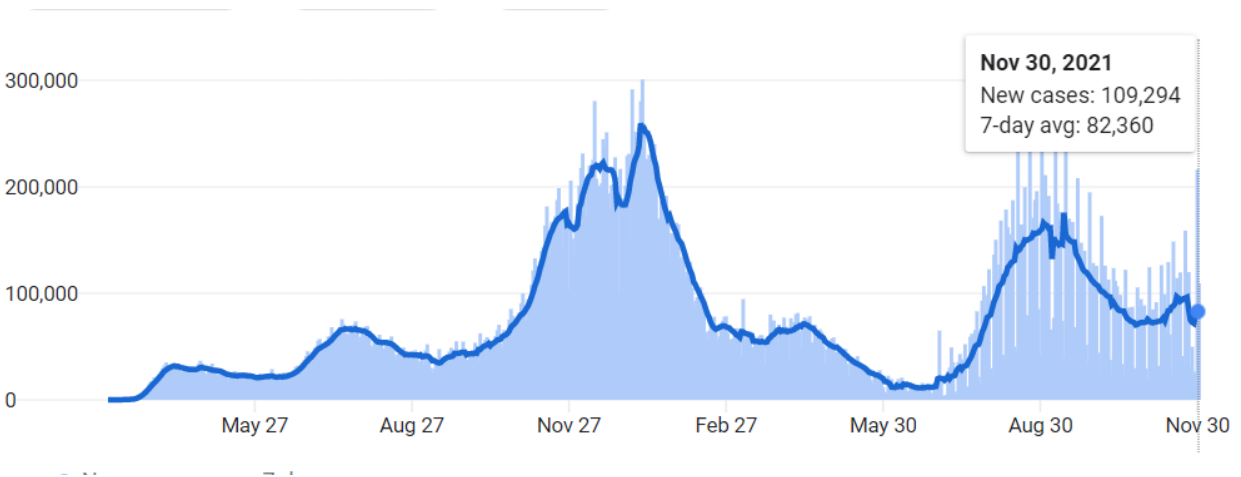
Please vaccinate (five years and above)



Cases who are hospitalized are unvaccinated people 99.2 %

Cases who are died are unvaccinated people 99.0 %

US COVID 19 Status



[U.S. COVID-19 vaccine tracker: See your state's progress - Mayo Clinic](#)

Vaccine Tracker

[U.S. Coronavirus Map: Tracking the Trends - Mayo Clinic](#)

Positive

[Frequently asked questions | Department of Public Health | City of Philadelphia](#)

If you have any **symptom**, please take a test and **Quarantine**.

END of COVID PRESENTATION