

Ammanuel Church COVID 19 Updates May 13th, 2022

Health Department

“Once again, we are seeing the number of COVID-19 cases rise in Philadelphia,” said **Health Commissioner Dr. Cheryl Bettigole**.

“Philadelphians have it in their power to take action and help **keep themselves and others safe**.

The HD still strongly encourage people to wear masks while in indoor public spaces to help stop the spread.

For people who do test positive for COVID-19, **talk to your health care provider as soon as possible for information on treatments like Paxlovid**, which can reduce hospitalizations due to COVID-19 by up to 90 percent.

The HD to remind people that, as we move into **prom, wedding, and graduation season, that the risk of exposure to COVID-19 goes up as you’re around more people**.

You should assume that, at these big events, **someone there will have COVID-19 and take precautions to avoid infecting people who are vulnerable.**”

Recommendations for Event Safety: The Health Department recommends that everyone take the following steps to make sure that their prom, wedding, or graduation event can be as safe as possible. With infection levels rising, you should assume that a crowded indoor space will include people who are infectious with COVID-19. That doesn’t mean you shouldn’t go, but it does mean that you should take common sense precautions before, during, and after the event:

Before:

- Test before you attend big events to help lower risk for everyone.
- If you’ve been exposed to COVID-19, remember that even if you are vaccinated and boosted, you could still pass the virus to others (although the chance is lower). If you choose to attend an event after a COVID exposure, make sure you keep your mask on and think about remote options to help protect others.

During:

- Outside events are much safer than inside events.

- Consider your own risk level and that of those you will potentially expose after the event. Wearing a high quality mask or double masking lowers your risk even if others are not masked, but only if you keep your mask on.
- If the event has food, eat outside if possible. And minimize the amount of time **your mask** is off if eating or drinking inside.

After:

- If you've recently attended a large indoor event without wearing a mask consistently, **test 3-5 days later and avoid seeing people who are at higher risk until you have tested negative.**
- If you test positive for COVID-19, **contact your healthcare provider** to see if you can get treated. Medications like Paxlovid can reduce hospitalizations due to COVID-19 by up to 90 percent.

Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What will be required to reach All Clear Status?

All Clear Status

- Average new daily case count is under **100**
- Hospitalizations are under **50**
- Positivity is under **2%**
- Cases have not risen by more than **50%** within the past 10 days

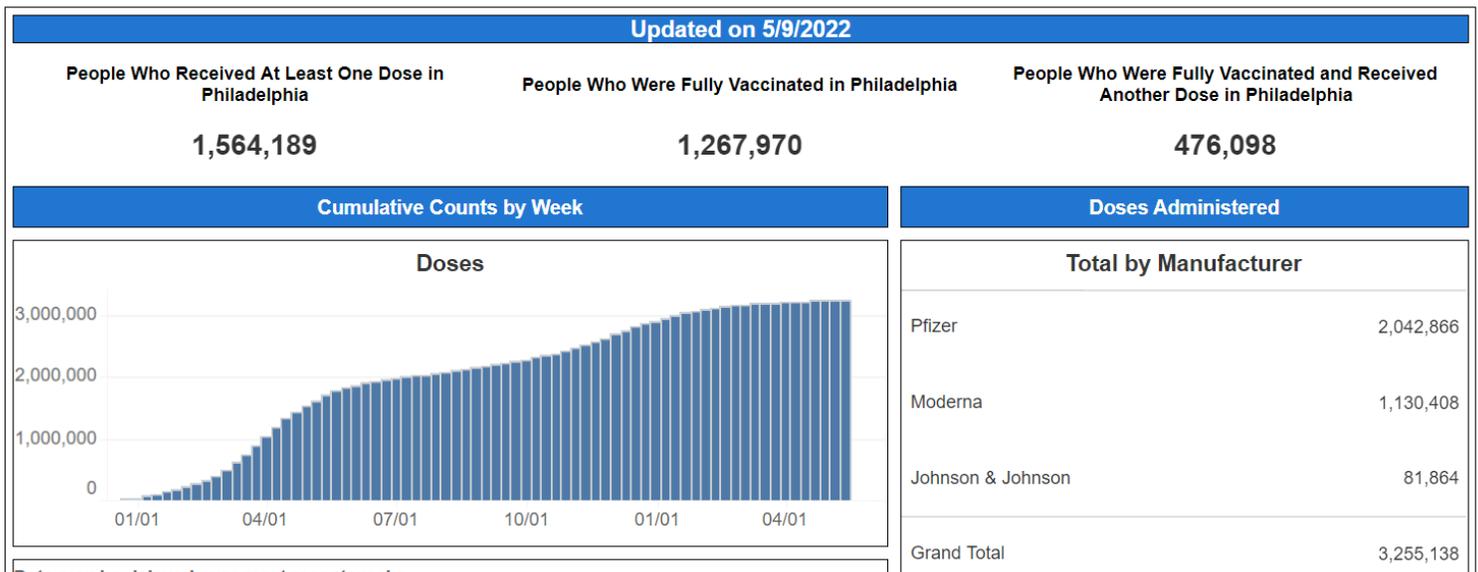
Current Status

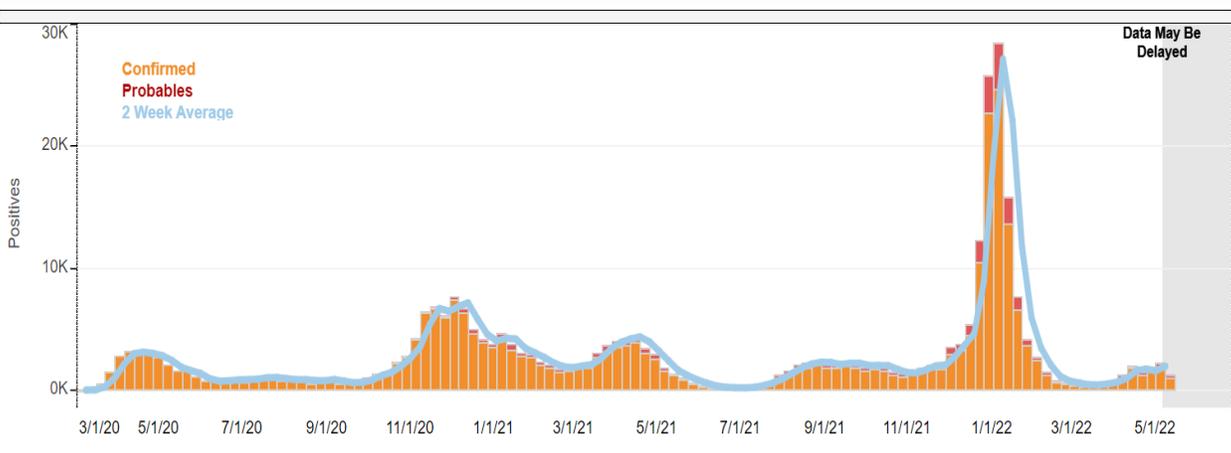
261/day (177 last week) positive
122 (70 last week) in Hospital **5 vent**
9.4% (6.1%)
less than 50%

Where to get a COVID-19 vaccine: phila.gov/vaccine.

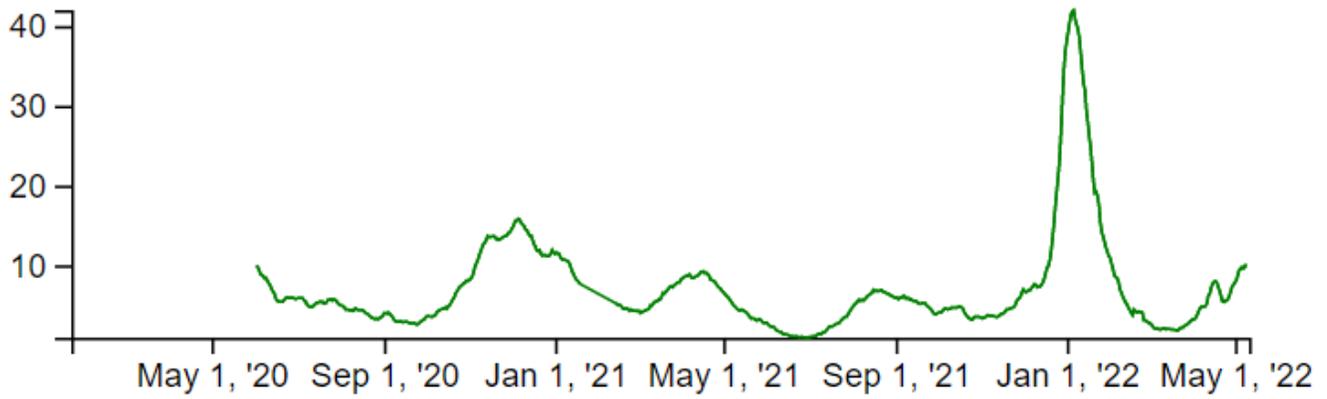
- Where to find COVID-19 testing: phila.gov/testing.
- **Frequently asked questions about the COVID-19 response.**
- Greater Philadelphia Coronavirus Helpline: 1 (800) 722-7112.
- Health Department COVID Call Center: 215-685-5488.
- Residents can text COVIDPHL to 888-777 to get updates sent to their phones.

Philadelphia COVID and Vaccine Status shown the two graph below

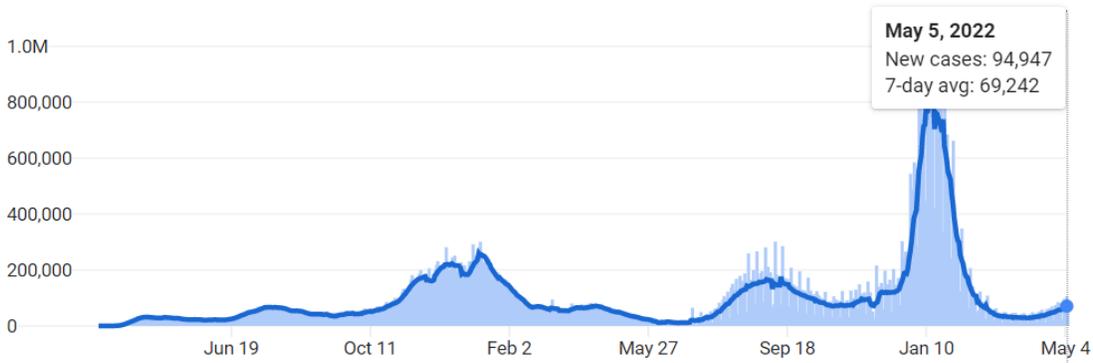




7-day Percent Positivity



USA COVID 19 Status



[U.S. COVID-19 vaccine tracker: See your state's progress - Mayo Clinic](#)

Vaccine Tracker

[U.S. Coronavirus Map: Tracking the Trends - Mayo Clinic](#)

[Frequently asked questions | Department of Public Health | City of Philadelphia](#)

If you have any **symptom**, please take a test and **Quarantine**.

END of COVID PRESENTATION